



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Wismach, Bianka

Club: Schwielowsee
Number: 692

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:25:13

Speed: 9.73 km/h
Running performance: 6:10 min/km

Rank in course/Total: 67 (of 105)
Rank in course/Women: 14 (of 23)
Best time in course: 3:37:16

Rank in category: 4(of 4)
Best time in the category: 3:37:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:01:55	5:20	3	4:33	7	14:01	11.60	1:01:55	5:20	4	4:33	11	
Lap 2	19.00	1:54:41	6:02	4	17:45	13	18:41	30.60	2:56:36	5:46	4	22:18	11	
Lap 3	1.70	19:33	11:30	4	4:43	17	4:43	32.30	3:16:09	6:04	4	27:01	11	
Last lap Finish	10.70	1:09:04	6:27	4	20:56	20	20:56	43.00	4:25:13	6:10	4	47:57	14	47:57