



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Schmid, Gertraud

Club: Berlin  
Number: 721

Course: 43.00 km  
Cross-Marathon

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 4:30:41

Speed: 9.53 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 72 (of 105)

Rank in course/Women: 15 (of 23)

Best time in course: 3:37:16

Rank in category: 5(of 7)

Best time in the category: 4:01:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:07:59	5:51	6	20:05	16	20:05	11.60	1:07:59	5:51	5	5:26	10	2:56
Lap 2	19.00	1:59:36	6:17	5	13:42	15	23:36	30.60	3:07:35	6:07	5	19:08	10	8:38
Lap 3	1.70	19:29	11:27	5	2:17	16	4:39	32.30	3:27:04	6:24	5	21:25	10	9:18
Last lap Finish	10.70	1:03:37	5:56	5	7:32	14	15:29	43.00	4:30:41	6:17	5	28:57	15	53:25