



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Nickl, Bill

Club: LG Mauerweg Berlin
Number: 673

Course: 43.00 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:38:30

Speed: 9.26 km/h
Running performance: 6:29 min/km

Rank in course/Total: 75 (of 105)

Rank in course/Men: 60 (of 82)

Best time in course: 2:49:01

Rank in category: 4(of 6)

Best time in the category: 3:31:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:06:14	5:42	3	10:12	56	22:17	11.60	1:06:14	5:42	5	10:12	2	5:12
Lap 2	19.00	2:01:43	6:24	4	28:56	61	47:14	30.60	3:07:57	6:08	4	39:08	2	15:10
Lap 3	1.70	19:55	11:42	3	5:01	62	7:43	32.30	3:27:52	6:26	4	44:09	2	16:37
Last lap Finish	10.70	1:10:38	6:36	3	22:29	63	32:15	43.00	4:38:30	6:28	4	1:06:38	60	1:49:29