



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Schulz, Hans-Otto

Club: Lt Nordkreuz
Number: 687

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:45:36

Speed: 9.03 km/h
Running performance: 6:38 min/km

Rank in course/Total: 78 (of 105)

Rank in course/Men: 63 (of 82)

Best time in course: 2:49:01

Rank in category: 11(of 14)

Best time in the category: 3:09:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:14:08	6:23	13	26:14	76	30:11	11.60	1:14:08	6:23	11	24:41	40	13:06
Lap 2	19.00	2:07:45	6:43	12	44:47	66	53:16	30.60	3:21:53	6:35	11	1:09:28	39	29:06
Lap 3	1.70	19:18	11:21	11	5:26	55	7:06	32.30	3:41:11	6:50	11	1:14:54	39	29:56
Last lap Finish	10.70	1:04:25	6:01	11	21:04	55	26:02	43.00	4:45:36	6:38	11	1:35:58	63	1:56:35