



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Hermann, Elisabeth

Club: Berlin
Number: 651

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 4:46:18

Speed: 9.01 km/h
Running performance: 6:40 min/km

Rank in course/Total: 79 (of 105)
Rank in course/Women: 16 (of 23)
Best time in course: 3:37:16

Rank in category: 1(of 1)
Best time in the category: 4:46:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:12:59	6:17	1	-	23	25:05	11.60	1:12:59	6:17	1	-	8	7:56
Lap 2	19.00	2:08:30	6:45	1	-	17	32:30	30.60	3:21:29	6:35	1	-	8	22:32
Lap 3	1.70	19:43	11:35	1	-	18	4:53	32.30	3:41:12	6:50	1	-	8	23:26
Last lap Finish	10.70	1:05:06	6:05	1	-	15	16:58	43.00	4:46:18	6:39	1	-	16	1:09:02