



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Becker, Thomas

Club: Team ZAUE
Number: 657

Course: 43.00 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:50:19

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 84 (of 105)

Rank in course/Men: 66 (of 82)

Best time in course: 2:49:01

Rank in category: 18(of 22)

Best time in the category: 2:59:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:09:51	6:01	18	25:52	66	25:54	11.60	1:09:51	6:01	5	8:40	36	8:49
Lap 2	19.00	2:08:52	6:46	22	50:30	71	54:23	30.60	3:18:43	6:29	5	33:53	35	25:56
Lap 3	1.70	19:48	11:38	17	7:30	61	7:36	32.30	3:38:31	6:45	5	36:26	35	27:16
Last lap Finish	10.70	1:11:48	6:42	19	31:29	66	33:25	43.00	4:50:19	6:45	18	1:51:01	66	2:01:18