



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Wiedner, Gunter

Club: Eisenhüttenstadt
Number: 669

Course: 43.00 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:51:48

Speed: 8.84 km/h
Running performance: 6:47 min/km

Rank in course/Total: 86 (of 105)

Rank in course/Men: 69 (of 82)

Best time in course: 2:49:01

Rank in category: 5(of 6)

Best time in the category: 3:31:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:12:42	6:16	5	16:40	72	28:45	11.60	1:12:42	6:16	6	16:40	35	11:40
Lap 2	19.00	2:06:39	6:39	5	33:52	63	52:10	30.60	3:19:21	6:30	5	50:32	34	26:34
Lap 3	1.70	21:08	12:25	5	6:14	69	8:56	32.30	3:40:29	6:49	5	56:46	34	29:14
Last lap Finish	10.70	1:11:19	6:39	4	23:10	64	32:56	43.00	4:51:48	6:47	5	1:19:56	69	2:02:47