



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Weisener, Elke

Club: LT Nauen-Falkensee
Number: 696

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 4:58:18

Speed: 8.65 km/h
Running performance: 6:56 min/km

Rank in course/Total: 93 (of 105)
Rank in course/Women: 20 (of 23)
Best time in course: 3:37:16
Rank in category: 1(of 3)
Best time in the category: 4:58:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:12:44	6:16	2	2:59	21	24:50	11.60	1:12:44	6:16	2	-	4	7:41
Lap 2	19.00	2:21:30	7:26	2	5:16	20	45:30	30.60	3:34:14	7:00	2	-	4	35:17
Lap 3	1.70	18:26	10:50	2	0:02	12	3:36	32.30	3:52:40	7:12	1	-	4	34:54
Last lap Finish	10.70	1:05:38	6:08	1	-	16	17:30	43.00	4:58:18	6:56	1	-	20	1:21:02