



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Kottwitz, Andreas

Club: Spremberg
Number: 684

Course: 43.00 km
Cross-Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 5:06:08

Speed: 8.43 km/h
Running performance: 7:07 min/km

Rank in course/Total: 96 (of 105)

Rank in course/Men: 74 (of 82)

Best time in course: 2:49:01

Rank in category: 13(of 13)

Best time in the category: 3:07:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:13:57	6:22	13	24:19	74	30:00	11.60	1:13:57	6:22	13	23:19	29	12:55
Lap 2	19.00	2:11:56	6:56	13	48:59	73	57:27	30.60	3:25:53	6:43	13	1:12:18	28	33:06
Lap 3	1.70	21:41	12:45	13	8:57	71	9:29	32.30	3:47:34	7:02	13	1:21:15	28	36:19
Last lap Finish	10.70	1:18:34	7:20	13	37:29	72	40:11	43.00	5:06:08	7:07	13	1:58:44	74	2:17:07