



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Schwochert, Marcus

Club: Berlin
Number: 630

Course: 43.00 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 5:07:30

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 97 (of 105)

Rank in course/Men: 75 (of 82)

Best time in course: 2:49:01

Rank in category: 12(of 13)

Best time in the category: 2:55:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:13:52	6:22	13	28:18	73	29:55	11.60	1:13:52	6:22	12	28:18	28	12:50
Lap 2	19.00	2:20:02	7:22	13	1:03:03	76	1:05:33	30.60	3:33:54	6:59	12	1:31:21	27	41:07
Lap 3	1.70	19:18	11:21	10	6:42	55	7:06	32.30	3:53:12	7:13	12	1:38:03	27	41:57
Last lap Finish	10.70	1:14:18	6:56	11	33:38	69	35:55	43.00	5:07:30	7:09	12	2:11:41	75	2:18:29