



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Ohnesorge, Hans-Joachim

Club: Caputher SV 1881
Number: 612

Course: 43.00 km
Cross-Marathon

Category:
Senioren M65 (65-69 Jahre)

Total time: 5:22:01

Speed: 8.01 km/h
Running performance: 7:29 min/km

Rank in course/Total: 100 (of 105)

Rank in course/Men: 77 (of 82)

Best time in course: 2:49:01

Rank in category: 1(of 2)

Best time in the category: 5:22:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:13:58	6:22	1	-	75	30:01	11.60	1:13:58	6:22	1	-	26	12:56
Lap 2	19.00	2:14:28	7:04	1	-	74	59:59	30.60	3:28:26	6:48	1	-	25	35:39
Lap 3	1.70	23:49	14:00	2	0:08	78	11:37	32.30	3:52:15	7:11	1	-	25	41:00
Last lap Finish	10.70	1:29:46	8:23	2	4:41	79	51:23	43.00	5:22:01	7:29	1	-	77	2:33:00