



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Etzrodt, Frank-Ulrich

Club: Lt Sulz am Eck  
Number: 661

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M60 (60-64 Jahre)

Total time: 5:33:47

Speed: 7.73 km/h  
Running performance: 7:46 min/km

Rank in course/Total: 101 (of 105)

Rank in course/Men: 78 (of 82)

Best time in course: 2:49:01

Rank in category: 4(of 4)

Best time in the category: 3:41:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:20:46	6:57	4	20:10	81	36:49	11.60	1:20:46	6:57	4	20:10	25	19:44
Lap 2	19.00	2:28:22	7:48	4	52:18	78	1:13:53	30.60	3:49:08	7:29	4	1:12:28	24	56:21
Lap 3	1.70	24:48	14:35	4	9:38	79	12:36	32.30	4:13:56	7:51	4	1:22:06	24	1:02:41
Last lap Finish	10.70	1:19:51	7:27	4	30:25	73	41:28	43.00	5:33:47	7:45	4	1:52:31	78	2:44:46