



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Witter, Frank

Club: BSG Stahl Eisenhüttenstadt
Number: 340

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:35:25

Speed: 13.21 km/h
Running performance: 4:31 min/km

Rank in course/Total: 11 (of 146)

Rank in course/Men: 11 (of 116)

Best time in course: 1:26:13

Rank in category: 4(of 27)

Best time in the category: 1:26:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	47:40	4:02	4	4:42	10	4:42	11.80	47:40	4:02	25		11	4:42
Last lap Finish	9.30	47:45	5:08	4	4:30	12	4:30	21.10	1:35:25	4:31	4	9:12	11	9:12