



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Habeck, Dan

Club: Lowlands Runners Rostock
Number: 311

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:37:04

Speed: 12.98 km/h
Running performance: 4:36 min/km

Rank in course/Total: 13 (of 146)

Rank in course/Men: 13 (of 116)

Best time in course: 1:26:13

Rank in category: 3(of 15)

Best time in the category: 1:32:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	49:30	4:11	3	3:05	17	6:32	11.80	49:30	4:11	3	3:05	13	6:32
Last lap Finish	9.30	47:34	5:06	2	1:23	11	4:19	21.10	1:37:04	4:36	3	4:28	13	10:51