



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Hell, Andreas

Club: Ziltendorf
Number: 389

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:37:24

Speed: 12.94 km/h
Running performance: 4:37 min/km

Rank in course/Total: 14 (of 146)

Rank in course/Men: 14 (of 116)

Best time in course: 1:26:13

Rank in category: 5(of 27)

Best time in the category: 1:26:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.80	48:20	4:05	5	5:22	12	5:22	11.80	48:20	4:05	24		14	5:22
Last lap Finish	9.30	49:04	5:16	6	5:49	17	5:49	21.10	1:37:24	4:36	5	11:11	14	11:11