



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Krüger, Manuel

Club: Berlin
Number: 418

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Männer (20-29 Jahre)

Total time: 1:37:39

Speed: 12.90 km/h
Running performance: 4:38 min/km

Rank in course/Total: 15 (of 146)

Rank in course/Men: 15 (of 116)

Best time in course: 1:26:13

Rank in category: 3(of 10)

Best time in the category: 1:32:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	51:44	4:23	4	5:07	24	8:46	11.80	51:44	4:23	3	2:52	15	8:46
Last lap Finish	9.30	45:55	4:56	2	2:23	6	2:40	21.10	1:37:39	4:37	3	5:15	15	11:26