



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Lasser, Michael

Club: Eisenhüttenstadt
Number: 442

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:37:45

Speed: 12.89 km/h
Running performance: 4:38 min/km

Rank in course/Total: 16 (of 146)

Rank in course/Men: 16 (of 116)

Best time in course: 1:26:13

Rank in category: 6(of 27)

Best time in the category: 1:26:13

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 11.80 | 51:44 | 4:23 | 8 | 8:46 | 24 | 8:46 | 11.80 | 51:44 | 4:23 | 23 | | 15 | 8:46 |
| Last lap Finish | 9.30 | 46:01 | 4:56 | 2 | 2:46 | 7 | 2:46 | 21.10 | 1:37:45 | 4:37 | 6 | 11:32 | 16 | 11:32 |