



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Lasser, Michael

Club: Eisenhüttenstadt  
Number: 442

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:37:45

Speed: 12.89 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 16 (of 146)

Rank in course/Men: 16 (of 116)

Best time in course: 1:26:13

Rank in category: 6(of 27)

Best time in the category: 1:26:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	51:44	4:23	8	8:46	24	8:46	11.80	51:44	4:23	23		15	8:46
Last lap Finish	9.30	46:01	4:56	2	2:46	7	2:46	21.10	1:37:45	4:37	6	11:32	16	11:32