



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Janovsky, Mike

Club: Schacht-Stein
Number: 145

Course: 42.18 km
Marathon

Category:
Männer (20-29 Jahre)

Total time: 4:07:20

Speed: 10.19 km/h
Running performance: 5:52 min/km

Rank in course/Total: 37 (of 220)

Rank in course/Men: 35 (of 194)

Best time in course: 3:07:34

Rank in category: 5(of 13)

Best time in the category: 3:23:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:00	5:28	6	2:47	51	4:32	3.47	19:00	5:28	5	1:12	37	
Runde	3.47	17:14	4:57	2	0:41	19	2:38	6.94	36:14	5:13	5	1:53	37	
Runde	3.47	17:16	4:58	2	0:42	15	2:20	10.41	53:30	5:08	5	2:35	36	
Runde	3.47	17:18	4:59	2	0:42	14	2:12	13.88	1:10:48	5:06	13	3:17	187	
Runde	3.47	17:23	5:00	2	0:13	11	2:08	17.35	1:28:11	5:04	5	3:30	36	
Runde	3.47	18:38	5:22	3	1:52	19	3:12	20.82	1:46:49	5:07	5	5:22	36	
Runde	3.47	20:50	6:00	4	3:39	48	5:43	24.29	2:07:39	5:15	5	9:01	24	22:29
Runde	3.47	22:41	6:32	7	5:35	67	6:58	27.76	2:30:20	5:24	5	14:36	33	24:48
Runde	3.47	25:13	7:16	8	8:14	93	8:59	31.23	2:55:33	5:37	5	22:50	35	38:26
Runde	3.47	25:56	7:28	7	9:22	98	9:22	34.70	3:21:29	5:48	5	32:12	26	47:45
Runde	3.47	24:08	6:57	5	7:16	46	7:16	38.17	3:45:37	5:54	4	11:34	33	54:54
Runde	3.97	21:43	5:28	5	3:55	31	4:52	42.18	4:07:20	5:51	5	43:23	38	2:45:31