



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Breu, Christian

Club: Pentos AG
Number: 44

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:10:30

Speed: 10.06 km/h
Running performance: 5:56 min/km

Rank in course/Total: 42 (of 220)

Rank in course/Men: 39 (of 194)

Best time in course: 3:07:34

Rank in category: 9(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:40	5:40	14	3:21	63	5:12	3.47	19:40	5:40	30		41	
Runde	3.47	19:10	5:31	16	2:49	62	4:34	6.94	38:50	5:35	30		41	
Runde	3.47	19:12	5:31	15	2:44	55	4:16	10.41	58:02	5:34	26		40	
Runde	3.47	19:27	5:36	15	3:03	52	4:21	13.88	1:17:29	5:34	29		28	
Runde	3.47	19:22	5:34	10	3:17	40	4:07	17.35	1:36:51	5:34	30		40	
Runde	3.47	19:38	5:39	8	2:47	37	4:12	20.82	1:56:29	5:35	28		39	
Runde	3.47	19:57	5:44	9	2:25	35	4:50	24.29	2:16:26	5:37	26		28	31:16
Runde	3.47	20:44	5:58	9	3:13	37	5:01	27.76	2:37:10	5:39	26		37	31:38
Runde	3.47	22:14	6:24	12	4:31	45	6:00	31.23	2:59:24	5:44	29		38	42:17
Runde	3.47	23:35	6:47	10	4:41	46	7:01	34.70	3:22:59	5:50	29		30	49:15
Runde	3.47	23:13	6:41	8	2:38	34	6:21	38.17	3:46:12	5:55	30		37	55:29
Runde	3.97	24:18	6:07	15	4:15	53	7:27	42.18	4:10:30	5:56	9	37:21	42	2:48:41