



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Seeliger, Wolfhard (Seewolf)**

Club: vfl Brandenburg  
Number: 271

Course: 42.18 km  
Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 4:14:59

Speed: 9.88 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 49 (of 220)

Rank in course/Men: 46 (of 194)

Best time in course: 3:07:34

Rank in category: 5(of 38)

Best time in the category: 3:42:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:16	5:15	5	2:24	46	3:48	3.47	18:16	5:15	24		47	
Runde	3.47	19:17	5:33	7	3:35	65	4:41	6.94	37:33	5:24	24		47	
Runde	3.47	19:33	5:38	7	3:27	63	4:37	10.41	57:06	5:29	20	5:58	46	
Runde	3.47	20:05	5:47	5	3:27	68	4:59	13.88	1:17:11	5:33	23		34	
Runde	3.47	20:38	5:56	9	3:50	71	5:23	17.35	1:37:49	5:38	22		46	
Runde	3.47	20:52	6:00	9	3:51	68	5:26	20.82	1:58:41	5:42	24		44	
Runde	3.47	21:56	6:19	9	4:31	72	6:49	24.29	2:20:37	5:47	23		34	35:27
Runde	3.47	22:10	6:23	7	4:19	57	6:27	27.76	2:42:47	5:51	23		43	37:15
Runde	3.47	22:34	6:30	7	3:38	49	6:20	31.23	3:05:21	5:56	24		42	48:14
Runde	3.47	23:26	6:45	6	1:56	41	6:52	34.70	3:28:47	6:01	25		36	55:03
Runde	3.47	23:26	6:45	6	2:17	37	6:34	38.17	3:52:13	6:05	24		43	1:01:30
Runde	3.97	22:46	5:44	5	1:49	37	5:55	42.18	4:14:59	6:02	5	32:44	49	2:53:10