



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Gentz, Armin

Club: Gransee
Number: 93

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:15:02

Speed: 9.88 km/h
Running performance: 6:03 min/km

Rank in course/Total: 50 (of 220)

Rank in course/Men: 47 (of 194)

Best time in course: 3:07:34

Rank in category: 13(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:19	5:34	13	3:00	58	4:51	3.47	19:19	5:34	34		49	
Runde	3.47	20:13	5:49	20	3:52	84	5:37	6.94	39:32	5:41	34		49	
Runde	3.47	19:54	5:44	18	3:26	71	4:58	10.41	59:26	5:42	30		48	
Runde	3.47	20:01	5:46	19	3:37	66	4:55	13.88	1:19:27	5:43	33		36	
Runde	3.47	20:17	5:50	18	4:12	66	5:02	17.35	1:39:44	5:44	34		48	
Runde	3.47	20:00	5:45	12	3:09	45	4:34	20.82	1:59:44	5:45	32		46	
Runde	3.47	20:19	5:51	12	2:47	39	5:12	24.29	2:20:03	5:45	30		36	34:53
Runde	3.47	20:55	6:01	10	3:24	40	5:12	27.76	2:40:58	5:47	30		45	35:26
Runde	3.47	22:01	6:20	10	4:18	43	5:47	31.23	3:02:59	5:51	39		178	45:52
Runde	3.47	23:29	6:46	8	4:35	43	6:55	34.70	3:26:28	5:57	33		38	52:44
Runde	3.47	24:31	7:03	12	3:56	49	7:39	38.17	3:50:59	6:03	34		45	1:00:16
Runde	3.97	24:03	6:03	13	4:00	49	7:12	42.18	4:15:02	6:02	13	41:53	50	2:53:13