



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Stier, Reinhard**

Club: BELC 89 Frankfurt  
Number: 292

Course: 42.18 km  
Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 4:15:51

Speed: 9.85 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 52 (of 220)

Rank in course/Men: 49 (of 194)

Best time in course: 3:07:34

Rank in category: 10(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:42	4:48	5	0:32	16	2:14	3.47	16:42	4:48	32		51	
Runde	3.47	17:59	5:10	10	1:58	33	3:23	6.94	34:41	4:59	32		51	
Runde	3.47	18:26	5:18	10	2:27	37	3:30	10.41	53:07	5:06	27		50	
Runde	3.47	19:12	5:31	10	2:42	46	4:06	13.88	1:12:19	5:12	30		38	
Runde	3.47	20:21	5:51	13	3:19	67	5:06	17.35	1:32:40	5:20	31		50	
Runde	3.47	20:44	5:58	12	3:48	64	5:18	20.82	1:53:24	5:26	31		47	
Runde	3.47	21:00	6:03	9	3:29	51	5:53	24.29	2:14:24	5:31	30		38	29:14
Runde	3.47	22:19	6:25	12	4:36	61	6:36	27.76	2:36:43	5:38	29		47	31:11
Runde	3.47	23:11	6:40	14	4:44	60	6:57	31.23	2:59:54	5:45	41		170	42:47
Runde	3.47	24:35	7:05	17	5:16	68	8:01	34.70	3:24:29	5:53	27		40	50:45
Runde	3.47	25:51	7:26	18	6:50	76	8:59	38.17	3:50:20	6:02	32		47	59:37
Runde	3.97	25:31	6:25	18	6:54	86	8:40	42.18	4:15:51	6:03	10	42:39	52	2:54:02