



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Stier, Reinhard

Club: BELC 89 Frankfurt
Number: 292

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:15:51

Speed: 9.85 km/h
Running performance: 6:04 min/km

Rank in course/Total: 52 (of 220)

Rank in course/Men: 49 (of 194)

Best time in course: 3:07:34

Rank in category: 10(of 44)

Best time in the category: 3:33:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 16:42 | 4:48 | 5 | 0:32 | 16 | 2:14 | 3.47 | 16:42 | 4:48 | 32 | | 51 | |
| Runde | 3.47 | 17:59 | 5:10 | 10 | 1:58 | 33 | 3:23 | 6.94 | 34:41 | 4:59 | 32 | | 51 | |
| Runde | 3.47 | 18:26 | 5:18 | 10 | 2:27 | 37 | 3:30 | 10.41 | 53:07 | 5:06 | 27 | | 50 | |
| Runde | 3.47 | 19:12 | 5:31 | 10 | 2:42 | 46 | 4:06 | 13.88 | 1:12:19 | 5:12 | 30 | | 38 | |
| Runde | 3.47 | 20:21 | 5:51 | 13 | 3:19 | 67 | 5:06 | 17.35 | 1:32:40 | 5:20 | 31 | | 50 | |
| Runde | 3.47 | 20:44 | 5:58 | 12 | 3:48 | 64 | 5:18 | 20.82 | 1:53:24 | 5:26 | 31 | | 47 | |
| Runde | 3.47 | 21:00 | 6:03 | 9 | 3:29 | 51 | 5:53 | 24.29 | 2:14:24 | 5:31 | 30 | | 38 | 29:14 |
| Runde | 3.47 | 22:19 | 6:25 | 12 | 4:36 | 61 | 6:36 | 27.76 | 2:36:43 | 5:38 | 29 | | 47 | 31:11 |
| Runde | 3.47 | 23:11 | 6:40 | 14 | 4:44 | 60 | 6:57 | 31.23 | 2:59:54 | 5:45 | 41 | | 170 | 42:47 |
| Runde | 3.47 | 24:35 | 7:05 | 17 | 5:16 | 68 | 8:01 | 34.70 | 3:24:29 | 5:53 | 27 | | 40 | 50:45 |
| Runde | 3.47 | 25:51 | 7:26 | 18 | 6:50 | 76 | 8:59 | 38.17 | 3:50:20 | 6:02 | 32 | | 47 | 59:37 |
| Runde | 3.97 | 25:31 | 6:25 | 18 | 6:54 | 86 | 8:40 | 42.18 | 4:15:51 | 6:03 | 10 | 42:39 | 52 | 2:54:02 |