



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Frühwirth, Michael**

Club: Laufwunder Steyr  
Number: 87

Course: 21.34 km  
Halbmarathon

Category:  
Männer (20-29 Jahre)

Total time: 2:10:20

Speed: 9.67 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 15 (of 62)

Rank in course/Men: 14 (of 51)

Best time in course: 1:34:46

Rank in category: 1(of 3)

Best time in the category: 2:10:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:31	6:12	1	-	23	6:59	3.47	21:31	6:12	1	-	34	
Runde	3.47	21:10	6:05	1	-	17	6:15	6.94	42:41	6:09	1	-	2	
Runde	3.47	21:29	6:11	1	-	17	5:56	10.41	1:04:10	6:09	3		45	
Runde	3.47	21:37	6:13	1	-	14	5:32	13.88	1:25:47	6:10	1	-	34	
Runde	3.47	21:38	6:14	1	-	12	4:58	17.35	1:47:25	6:11	1	-	33	
Runde	3.97	22:55	5:46	1	-	15	5:54	21.34	2:10:20	6:06	1	-	14	35:34