



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Fiebag, Marco

Club: Running Team Süßmann
Number: 75

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:22:04

Speed: 9.62 km/h
Running performance: 6:13 min/km

Rank in course/Total: 63 (of 220)

Rank in course/Men: 60 (of 194)

Best time in course: 3:07:34

Rank in category: 17(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:01	5:46	16	3:42	69	5:33	3.47	20:01	5:46	38		61	
Runde	3.47	19:50	5:42	18	3:29	79	5:14	6.94	39:51	5:44	38		61	
Runde	3.47	19:54	5:44	18	3:26	71	4:58	10.41	59:45	5:44	33		59	
Runde	3.47	19:49	5:42	18	3:25	62	4:43	13.88	1:19:34	5:43	36		47	
Runde	3.47	20:04	5:46	17	3:59	60	4:49	17.35	1:39:38	5:44	38		60	
Runde	3.47	20:34	5:55	18	3:43	61	5:08	20.82	2:00:12	5:46	39		170	
Runde	3.47	23:07	6:39	23	5:35	91	8:00	24.29	2:23:19	5:54	34		48	38:09
Runde	3.47	21:50	6:17	15	4:19	53	6:07	27.76	2:45:09	5:56	33		57	39:37
Runde	3.47	22:47	6:33	15	5:04	52	6:33	31.23	3:07:56	6:01	42		184	50:49
Runde	3.47	24:00	6:54	15	5:06	56	7:26	34.70	3:31:56	6:06	37		50	58:12
Runde	3.47	24:59	7:11	16	4:24	61	8:07	38.17	3:56:55	6:12	38		57	1:06:12
Runde	3.97	25:09	6:20	19	5:06	74	8:18	42.18	4:22:04	6:12	17	48:55	63	3:00:15