



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Blume, Dietmar

Club: Sauerländer Laufraketen
Number: 37

Course: 21.34 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:11:42

Speed: 9.57 km/h
Running performance: 6:10 min/km

Rank in course/Total: 17 (of 62)

Rank in course/Men: 16 (of 51)

Best time in course: 1:34:46

Rank in category: 4(of 8)

Best time in the category: 1:50:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:46	5:59	5	2:22	18	6:14	3.47	20:46	5:59	1	-	35	
Runde	3.47	21:23	6:09	5	3:28	19	6:28	6.94	42:09	6:04	1	-	35	
Runde	3.47	22:05	6:21	6	3:59	19	6:32	10.41	1:04:14	6:10	8		47	
Runde	3.47	22:27	6:28	4	4:05	16	6:22	13.88	1:26:41	6:14	1	-	35	
Runde	3.47	23:13	6:41	3	4:33	15	6:33	17.35	1:49:54	6:20	1	-	34	
Runde	3.97	21:48	5:29	3	2:20	11	4:47	21.34	2:11:42	6:10	4	20:47	16	36:56