



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Beau, Rene

Club: Team Erdinger Alkoholfrei
Number: 22

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:26:01

Speed: 9.47 km/h
Running performance: 6:19 min/km

Rank in course/Total: 75 (of 220)

Rank in course/Men: 72 (of 194)

Best time in course: 3:07:34

Rank in category: 15(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:16	5:50	18	4:06	77	5:48	3.47	20:16	5:50	37		74	
Runde	3.47	20:18	5:51	19	4:17	85	5:42	6.94	40:34	5:50	37		74	
Runde	3.47	20:51	6:00	20	4:52	87	5:55	10.41	1:01:25	5:53	30		70	
Runde	3.47	21:17	6:08	21	4:47	90	6:11	13.88	1:22:42	5:57	34		59	
Runde	3.47	21:30	6:11	21	4:28	87	6:15	17.35	1:44:12	6:00	36		73	
Runde	3.47	22:02	6:20	22	5:06	86	6:36	20.82	2:06:14	6:03	43		180	
Runde	3.47	22:02	6:20	16	4:31	74	6:55	24.29	2:28:16	6:06	35		61	43:06
Runde	3.47	22:09	6:22	11	4:26	56	6:26	27.76	2:50:25	6:08	34		70	44:53
Runde	3.47	22:42	6:32	10	4:15	51	6:28	31.23	3:13:07	6:11	35		56	56:00
Runde	3.47	23:00	6:37	9	3:41	39	6:26	34.70	3:36:07	6:13	32		63	1:02:23
Runde	3.47	24:51	7:09	13	5:50	57	7:59	38.17	4:00:58	6:18	40		182	1:10:15
Runde	3.97	25:03	6:18	16	6:26	73	8:12	42.18	4:26:01	6:18	15	52:49	75	3:04:12