



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Dennett, Peter

Club: 100 Marathon Club (UK)
Number: 55

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:31:53

Speed: 9.27 km/h
Running performance: 6:27 min/km

Rank in course/Total: 80 (of 220)

Rank in course/Men: 77 (of 194)

Best time in course: 3:07:34

Rank in category: 17(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:49	4:50	7	0:39	19	2:21	3.47	16:49	4:50	39		79	
Runde	3.47	18:58	5:27	14	2:57	52	4:22	6.94	35:47	5:09	39		79	
Runde	3.47	20:29	5:54	19	4:30	82	5:33	10.41	56:16	5:24	28		75	
Runde	3.47	20:38	5:56	17	4:08	77	5:32	13.88	1:16:54	5:32	36		64	
Runde	3.47	21:09	6:05	17	4:07	79	5:54	17.35	1:38:03	5:39	38		78	
Runde	3.47	21:32	6:12	17	4:36	78	6:06	20.82	1:59:35	5:44	36		69	
Runde	3.47	23:07	6:39	23	5:36	91	8:00	24.29	2:22:42	5:52	37		66	37:32
Runde	3.47	24:29	7:03	23	6:46	101	8:46	27.76	2:47:11	6:01	36		75	41:39
Runde	3.47	24:03	6:55	17	5:36	73	7:49	31.23	3:11:14	6:07	44		189	54:07
Runde	3.47	25:55	7:28	22	6:36	97	9:21	34.70	3:37:09	6:15	34		68	1:03:25
Runde	3.47	25:59	7:29	19	6:58	79	9:07	38.17	4:03:08	6:22	42		184	1:12:25
Runde	3.97	28:45	7:14	31	10:08	142	11:54	42.18	4:31:53	6:26	17	58:41	80	3:10:04