



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Quitschorek, Stefanie

Club: Sauerländer Laufraketen
Number: 238

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:11:52

Speed: 9.56 km/h
Running performance: 6:11 min/km

Rank in course/Total: 18 (of 62)

Rank in course/Women: 2 (of 11)

Best time in course: 2:05:22

Rank in category: 1(of 2)

Best time in the category: 2:11:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	21:24	6:10	1	-	2	2:37	3.47	21:24	6:10	1	-	1	-
Runde	3.47	21:05	6:04	1	-	2	0:27	6.94	42:29	6:07	1	-	1	-
Runde	3.47	21:42	6:15	1	-	2	0:20	10.41	1:04:11	6:09	2	-	10	-
Runde	3.47	22:04	6:21	1	-	2	0:38	13.88	1:26:15	6:12	1	-	1	-
Runde	3.47	22:54	6:35	1	-	2	1:20	17.35	1:49:09	6:17	1	-	1	-
Runde	3.97	22:43	5:43	1	-	2	1:08	21.34	2:11:52	6:10	1	-	2	6:30