



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Rösch, Stefan

Club: TV-Stierstadt
Number: 253

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:40:26

Speed: 8.99 km/h
Running performance: 6:39 min/km

Rank in course/Total: 98 (of 220)

Rank in course/Men: 92 (of 194)

Best time in course: 3:07:34

Rank in category: 23(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:13	6:41	37	7:03	161	8:45	3.47	23:13	6:41	2	2:15	95	0:02
Runde	3.47	22:19	6:25	32	6:18	139	7:43	6.94	45:32	6:33	2	4:14	95	
Runde	3.47	22:27	6:28	33	6:28	134	7:31	10.41	1:07:59	6:31	41		181	
Runde	3.47	22:19	6:25	27	5:49	114	7:13	13.88	1:30:18	6:30	2	7:12	80	
Runde	3.47	22:44	6:33	24	5:42	112	7:29	17.35	1:53:02	6:30	3		94	7:44
Runde	3.47	22:40	6:31	25	5:44	100	7:14	20.82	2:15:42	6:31	3		83	6:09
Runde	3.47	23:13	6:41	24	5:42	95	8:06	24.29	2:38:55	6:32	3		82	53:45
Runde	3.47	22:59	6:37	17	5:16	74	7:16	27.76	3:01:54	6:33	38		174	56:22
Runde	3.47	23:18	6:42	16	4:51	62	7:04	31.23	3:25:12	6:34	2		73	1:08:05
Runde	3.47	24:51	7:09	18	5:32	74	8:17	34.70	3:50:03	6:37	4		84	1:16:19
Runde	3.47	24:48	7:08	12	5:47	54	7:56	38.17	4:14:51	6:40	3		83	1:24:08
Runde	3.97	25:35	6:26	19	6:58	88	8:44	42.18	4:40:26	6:38	23	1:07:14	95	3:18:37