



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Simonis, Andrea

Club: Kelkheim
Number: 273

Course: 42.18 km
Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:43:50

Speed: 8.88 km/h
Running performance: 6:44 min/km

Rank in course/Total: 110 (of 220)

Rank in course/Women: 7 (of 26)

Best time in course: 3:50:37

Rank in category: 2(of 5)

Best time in the category: 4:39:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	20:47	5:59	1	-	7	3:22	3.47	20:47	5:59	2	-	18	-
Runde	3.47	21:15	6:07	2	0:11	9	3:46	6.94	42:02	6:03	2	-	18	-
Runde	3.47	22:23	6:27	4	0:59	12	4:14	10.41	1:04:25	6:11	1	-	14	11:22
Runde	3.47	22:46	6:33	4	0:57	11	3:43	13.88	1:27:11	6:16	2	0:08	18	-
Runde	3.47	22:40	6:31	3	0:32	8	3:43	17.35	1:49:51	6:19	2	0:34	16	14:05
Runde	3.47	23:53	6:52	3	1:00	9	4:24	20.82	2:13:44	6:25	2	1:34	18	-
Runde	3.47	23:20	6:43	1	-	5	3:56	24.29	2:37:04	6:27	2	1:25	17	20:22
Runde	3.47	23:27	6:45	1	-	4	3:39	27.76	3:00:31	6:30	2	1:19	13	22:44
Runde	3.47	24:17	6:59	1	-	5	4:11	31.23	3:24:48	6:33	2	0:40	14	25:13
Runde	3.47	26:01	7:29	2	1:03	8	5:56	34.70	3:50:49	6:39	2	1:43	15	-
Runde	3.47	26:39	7:40	3	1:43	10	6:20	38.17	4:17:28	6:44	2	3:26	17	-
Runde	3.97	26:22	6:38	2	1:10	9	5:59	42.18	4:43:50	6:43	3	3:59:58	10	3:59:58