



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Bodenstein, Anne

Club: sc impuls erfurt
Number: 40

Course: 42.18 km
Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:49:17

Speed: 8.71 km/h
Running performance: 6:52 min/km

Rank in course/Total: 122 (of 220)

Rank in course/Women: 11 (of 26)

Best time in course: 3:50:37

Rank in category: 4(of 5)

Best time in the category: 4:39:14

Control	Intermediate times								Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Runde	3.47	21:49	6:17	3	1:02	10	4:24	3.47	21:49	6:17	4		1	-		
Runde	3.47	21:26	6:10	3	0:22	10	3:57	6.94	43:15	6:13	4		1	-		
Runde	3.47	21:57	6:19	3	0:33	10	3:48	10.41	1:05:12	6:15	4	0:47	22	12:09		
Runde	3.47	22:32	6:29	3	0:43	9	3:29	13.88	1:27:44	6:19	4	0:41	14			
Runde	3.47	23:07	6:39	4	0:59	10	4:10	17.35	1:50:51	6:23	4	1:34	12	15:05		
Runde	3.47	24:02	6:55	4	1:09	11	4:33	20.82	2:14:53	6:28	4	2:43	14			
Runde	3.47	23:55	6:53	4	0:35	9	4:31	24.29	2:38:48	6:32	4	3:09	13	22:06		
Runde	3.47	24:50	7:09	3	1:23	9	5:02	27.76	3:03:38	6:36	4	4:26	12	25:51		
Runde	3.47	25:56	7:28	4	1:39	10	5:50	31.23	3:29:34	6:42	4	5:26	12	29:59		
Runde	3.47	26:25	7:36	3	1:27	10	6:20	34.70	3:55:59	6:48	4	6:53	11			
Runde	3.47	26:46	7:42	4	1:50	11	6:27	38.17	4:22:45	6:53	4	8:43	13			
Runde	3.97	26:32	6:41	3	1:20	10	6:09	42.18	4:49:17	6:51	5	4:05:25	14	4:05:25		