



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Dietze, Kai

Club: JVA Remscheid
Number: 57

Course: 42.18 km
Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 4:50:21

Speed: 8.68 km/h
Running performance: 6:53 min/km

Rank in course/Total: 124 (of 220)

Rank in course/Men: 113 (of 194)

Best time in course: 3:07:34

Rank in category: 12(of 14)

Best time in the category: 3:13:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:29	5:54	13	5:23	92	6:01	3.47	20:29	5:54	11	5:23	82	
Runde	3.47	19:35	5:38	11	4:22	72	4:59	6.94	40:04	5:46	11	9:45	115	
Runde	3.47	19:05	5:29	8	3:59	52	4:09	10.41	59:09	5:40	10	13:44	76	
Runde	3.47	20:29	5:54	10	5:23	75	5:23	13.88	1:19:38	5:44	9	19:07	100	
Runde	3.47	20:42	5:57	10	5:27	74	5:27	17.35	1:40:20	5:46	11	24:34	114	
Runde	3.47	22:07	6:22	10	6:30	89	6:41	20.82	2:02:27	5:52	10	31:04	97	
Runde	3.47	25:26	7:19	11	9:58	137	10:19	24.29	2:27:53	6:05	10	41:02	102	42:43
Runde	3.47	25:06	7:14	11	9:02	118	9:23	27.76	2:52:59	6:13	10	47:27	101	47:27
Runde	3.47	27:26	7:54	11	10:43	139	11:12	31.23	3:20:25	6:25	10	1:00:47	93	1:03:18
Runde	3.47	29:02	8:22	13	12:04	148	12:28	34.70	3:49:27	6:36	10	1:12:51	104	1:15:43
Runde	3.47	32:02	9:13	14	13:25	171	15:10	38.17	4:21:29	6:51	9	1:26:16	103	1:30:46
Runde	3.97	28:52	7:16	11	10:11	145	12:01	42.18	4:50:21	6:53	12	1:36:27	116	3:28:32