



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Münster, Christian

Club: HSV Medizin Magdeburg
Number: 208

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:51:29

Speed: 8.65 km/h
Running performance: 6:55 min/km

Rank in course/Total: 128 (of 220)

Rank in course/Men: 117 (of 194)

Best time in course: 3:07:34

Rank in category: 32(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:18	5:51	22	3:59	82	5:50	3.47	20:18	5:51	1	-	123	
Runde	3.47	21:43	6:15	31	5:22	120	7:07	6.94	42:01	6:03	1	-	123	
Runde	3.47	21:46	6:16	24	5:18	109	6:50	10.41	1:03:47	6:07	37		158	
Runde	3.47	22:20	6:26	28	5:56	116	7:14	13.88	1:26:07	6:12	1	-	108	
Runde	3.47	22:55	6:36	29	6:50	116	7:40	17.35	1:49:02	6:17	1	-	122	3:44
Runde	3.47	23:28	6:45	30	6:37	116	8:02	20.82	2:12:30	6:21	1	-	64	2:57
Runde	3.47	25:10	7:15	35	7:38	130	10:03	24.29	2:37:40	6:29	1	-	110	52:30
Runde	3.47	26:45	7:42	37	9:14	147	11:02	27.76	3:04:25	6:38	1	-	104	58:53
Runde	3.47	26:32	7:38	34	8:49	122	10:18	31.23	3:30:57	6:45	1	-	101	1:13:50
Runde	3.47	25:53	7:27	25	6:59	96	9:19	34.70	3:56:50	6:49	1	-	112	1:23:06
Runde	3.47	27:16	7:51	31	6:41	109	10:24	38.17	4:24:06	6:55	1	-	111	1:33:23
Runde	3.97	27:23	6:53	31	7:20	115	10:32	42.18	4:51:29	6:54	32	1:18:20	120	3:29:40