



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Behrend, Ralf**

Club: LSVB  
Number: 26

Course: 42.18 km  
Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 4:52:00

Speed: 8.63 km/h  
Running performance: 6:55 min/km

Rank in course/Total: 133 (of 220)

Rank in course/Men: 122 (of 194)

Best time in course: 3:07:34

Rank in category: 21(of 38)

Best time in the category: 3:42:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:24	5:52	12	4:32	88	5:56	3.47	20:24	5:52	2		124	
Runde	3.47	19:44	5:41	10	4:02	76	5:08	6.94	40:08	5:46	2		124	
Runde	3.47	20:05	5:47	10	3:59	78	5:09	10.41	1:00:13	5:47	28	9:05	147	
Runde	3.47	20:37	5:56	10	3:59	76	5:31	13.88	1:20:50	5:49	2		109	
Runde	3.47	21:10	6:05	11	4:22	80	5:55	17.35	1:42:00	5:52	4		123	
Runde	3.47	21:55	6:18	12	4:54	84	6:29	20.82	2:03:55	5:57	35		178	
Runde	3.47	22:16	6:25	11	4:51	79	7:09	24.29	2:26:11	6:01	4		111	41:01
Runde	3.47	25:00	7:12	19	7:09	115	9:17	27.76	2:51:11	6:09	2		105	45:39
Runde	3.47	25:44	7:24	19	6:48	105	9:30	31.23	3:16:55	6:18	3		102	59:48
Runde	3.47	35:34	10:14	37	14:04	189	19:00	34.70	3:52:29	6:41	13		113	1:18:45
Runde	3.47	30:39	8:49	27	9:30	155	13:47	38.17	4:23:08	6:53	2		112	1:32:25
Runde	3.97	28:52	7:16	25	7:55	145	12:01	42.18	4:52:00	6:55	21	1:09:45	125	3:30:11