



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Liebetruth, Horst

Club: Privattrainer.de
Number: 348

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:54:36

Speed: 8.59 km/h
Running performance: 6:59 min/km

Rank in course/Total: 137 (of 220)

Rank in course/Men: 125 (of 194)

Best time in course: 3:07:34

Rank in category: 28(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:14	6:07	27	5:04	116	6:46	3.47	21:14	6:07	6	0:16	127	
Runde	3.47	21:20	6:08	26	5:19	110	6:44	6.94	42:34	6:08	6	1:16	127	
Runde	3.47	21:18	6:08	23	5:19	98	6:22	10.41	1:03:52	6:08	34		161	
Runde	3.47	22:20	6:26	28	5:50	116	7:14	13.88	1:26:12	6:12	6	3:06	112	
Runde	3.47	23:47	6:51	33	6:45	144	8:32	17.35	1:49:59	6:20	7		126	4:41
Runde	3.47	24:53	7:10	34	7:57	153	9:27	20.82	2:14:52	6:28	7		105	5:19
Runde	3.47	25:10	7:15	31	7:39	130	10:03	24.29	2:40:02	6:35	7		114	54:52
Runde	3.47	26:08	7:31	30	8:25	137	10:25	27.76	3:06:10	6:42	42		184	1:00:38
Runde	3.47	27:16	7:51	26	8:49	134	11:02	31.23	3:33:26	6:50	6		105	1:16:19
Runde	3.47	26:57	7:45	24	7:38	118	10:23	34.70	4:00:23	6:55	8		116	1:26:39
Runde	3.47	28:24	8:11	29	9:23	130	11:32	38.17	4:28:47	7:02	7		115	1:38:04
Runde	3.97	25:49	6:30	20	7:12	91	8:58	42.18	4:54:36	6:59	28	1:21:24	128	3:32:47