



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

## Detailed evaluation

**Schieferbein, Mike**

Club: Chaoten Team Chemnitz  
Number: 262

Course: 42.18 km  
Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 4:55:36

Speed: 8.53 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 140 (of 220)

Rank in course/Men: 128 (of 194)

Best time in course: 3:07:34

Rank in category: 35(of 42)

Best time in the category: 3:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:57	5:44	15	3:38	67	5:29	3.47	19:57	5:44	14		129	
Runde	3.47	19:02	5:29	15	2:41	55	4:26	6.94	38:59	5:37	14		43	
Runde	3.47	22:52	6:35	36	6:24	141	7:56	10.41	1:01:51	5:56	34		151	
Runde	3.47	23:32	6:46	38	7:08	153	8:26	13.88	1:25:23	6:09	14		114	
Runde	3.47	22:33	6:29	24	6:28	106	7:18	17.35	1:47:56	6:13	14		128	2:38
Runde	3.47	24:12	6:58	36	7:21	133	8:46	20.82	2:12:08	6:20	13		106	2:35
Runde	3.47	25:53	7:27	38	8:21	146	10:46	24.29	2:38:01	6:30	14	0:21	116	52:51
Runde	3.47	25:37	7:22	35	8:06	126	9:54	27.76	3:03:38	6:36	11		108	58:06
Runde	3.47	27:10	7:49	35	9:27	132	10:56	31.23	3:30:48	6:44	14		107	1:13:41
Runde	3.47	27:47	8:00	33	8:53	129	11:13	34.70	3:58:35	6:52	14	1:45	118	1:24:51
Runde	3.47	28:52	8:19	35	8:17	138	12:00	38.17	4:27:27	7:00	14	3:21	117	1:36:44
Runde	3.97	28:09	7:05	36	8:06	134	11:18	42.18	4:55:36	7:00	35	1:22:27	131	3:33:47