



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Gerlach, Gerald

Club: Dresden
Number: 94

Course: 42.18 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:57:54

Speed: 8.46 km/h
Running performance: 7:04 min/km

Rank in course/Total: 147 (of 220)

Rank in course/Men: 134 (of 194)

Best time in course: 3:07:34

Rank in category: 5(of 10)

Best time in the category: 3:25:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:19	6:43	7	6:57	168	8:51	3.47	23:19	6:43	5	6:57	136	0:08
Runde	3.47	22:46	6:33	6	6:15	148	8:10	6.94	46:05	6:38	5	13:12	136	
Runde	3.47	23:31	6:46	7	6:58	159	8:35	10.41	1:09:36	6:41	4	20:10	106	
Runde	3.47	23:12	6:41	6	6:47	145	8:06	13.88	1:32:48	6:41	4	15:36	121	
Runde	3.47	24:02	6:55	6	7:32	148	8:47	17.35	1:56:50	6:44	5	34:29	135	11:32
Runde	3.47	25:10	7:15	6	8:32	156	9:44	20.82	2:22:00	6:49	5	43:01	113	12:27
Runde	3.47	25:14	7:16	6	7:51	133	10:07	24.29	2:47:14	6:53	5	50:52	123	1:02:04
Runde	3.47	24:32	7:04	3	7:00	105	8:49	27.76	3:11:46	6:54	5	57:52	112	1:06:14
Runde	3.47	25:46	7:25	4	7:38	107	9:32	31.23	3:37:32	6:57	4	1:05:30	114	1:20:25
Runde	3.47	26:40	7:41	6	8:56	108	10:06	34.70	4:04:12	7:02	10	1:14:26	181	1:30:28
Runde	3.47	27:09	7:49	6	9:23	105	10:17	38.17	4:31:21	7:06	5	1:23:49	124	1:40:38
Runde	3.97	26:33	6:41	6	8:28	105	9:42	42.18	4:57:54	7:03	5	1:32:17	137	3:36:05