



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser
Number: 339

Course: 42.18 km
Marathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 4:58:30

Speed: 8.44 km/h
Running performance: 7:05 min/km

Rank in course/Total: 150 (of 220)

Rank in course/Women: 14 (of 26)

Best time in course: 3:50:37

Rank in category: 2(of 6)

Best time in the category: 4:47:03

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	22:12	6:23	1	-	13	4:47	3.47	22:12	6:23	4		11	0:23
Runde	3.47	22:10	6:23	1	-	13	4:41	6.94	44:22	6:23	4		11	1:07
Runde	3.47	23:03	6:38	2	0:13	14	4:54	10.41	1:07:25	6:28	3		10	14:22
Runde	3.47	22:43	6:32	1	-	10	3:40	13.88	1:30:08	6:29	2		11	2:06
Runde	3.47	23:27	6:45	1	-	12	4:30	17.35	1:53:35	6:32	2		9	17:49
Runde	3.47	24:41	7:06	1	-	12	5:12	20.82	2:18:16	6:38	2		11	2:58
Runde	3.47	26:02	7:30	2	1:56	15	6:38	24.29	2:44:18	6:45	2		10	27:36
Runde	3.47	25:55	7:28	2	1:44	13	6:07	27.76	3:10:13	6:51	4	0:31	23	32:26
Runde	3.47	26:44	7:42	2	2:30	14	6:38	31.23	3:36:57	6:56	2	3:01	9	37:22
Runde	3.47	27:06	7:48	2	2:49	12	7:01	34.70	4:04:03	7:01	4	5:50	22	6:19
Runde	3.47	27:24	7:53	2	2:49	13	7:05	38.17	4:31:27	7:06	2	8:39	10	6:22
Runde	3.97	27:03	6:48	2	2:48	13	6:40	42.18	4:58:30	7:04	4	3:32:21	17	4:14:38