



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Klein, Hans-Juergen

Club: LTH-Essen
Number: 60

Course: 42.18 km
Marathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 5:04:08

Speed: 8.29 km/h
Running performance: 7:13 min/km

Rank in course/Total: 160 (of 220)

Rank in course/Men: 146 (of 194)

Best time in course: 3:07:34

Rank in category: 3(of 6)

Best time in the category: 4:50:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:06	6:39	4	1:50	156	8:38	3.47	23:06	6:39	4		39	
Runde	3.47	22:37	6:31	3	0:44	146	8:01	6.94	45:43	6:35	4		147	
Runde	3.47	23:12	6:41	2	1:48	149	8:16	10.41	1:08:55	6:37	5		184	
Runde	3.47	23:11	6:40	2	2:04	144	8:05	13.88	1:32:06	6:38	4		132	
Runde	3.47	24:19	7:00	4	2:53	157	9:04	17.35	1:56:25	6:42	3	9:19	145	11:07
Runde	3.47	24:27	7:02	3	3:05	142	9:01	20.82	2:20:52	6:45	3	12:24	123	11:19
Runde	3.47	26:04	7:30	4	4:51	148	10:57	24.29	2:46:56	6:52	3	17:15	134	1:01:46
Runde	3.47	26:59	7:46	4	4:12	151	11:16	27.76	3:13:55	6:59	2	21:27	120	1:08:23
Runde	3.47	27:18	7:52	3	3:40	135	11:04	31.23	3:41:13	7:05	3	25:07	125	1:24:06
Runde	3.47	27:13	7:50	2	1:27	120	10:39	34.70	4:08:26	7:09	2	26:34	125	1:34:42
Runde	3.47	27:27	7:54	1	-	115	10:35	38.17	4:35:53	7:13	3	25:08	135	1:45:10
Runde	3.97	28:15	7:06	2	1:55	136	11:24	42.18	5:04:08	7:12	5	3:42:19	149	3:42:19