



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Fischer, Gerd

Club: Team Erdinger Alkoholfrei
Number: 77

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:04:07

Speed: 8.29 km/h
Running performance: 7:13 min/km

Rank in course/Total: 159 (of 220)

Rank in course/Men: 145 (of 194)

Best time in course: 3:07:34

Rank in category: 33(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:07	6:39	36	6:57	158	8:39	3.47	23:07	6:39	11	2:09	148	
Runde	3.47	22:35	6:30	34	6:34	144	7:59	6.94	45:42	6:35	11	4:24	148	
Runde	3.47	23:14	6:41	36	7:15	150	8:18	10.41	1:08:56	6:37	42		185	
Runde	3.47	23:09	6:40	35	6:39	142	8:03	13.88	1:32:05	6:38	11	8:59	133	
Runde	3.47	24:20	7:00	37	7:18	160	9:05	17.35	1:56:25	6:42	1	-	145	11:07
Runde	3.47	24:27	7:02	33	7:31	142	9:01	20.82	2:20:52	6:45	1	-	123	11:19
Runde	3.47	26:04	7:30	35	8:33	148	10:57	24.29	2:46:56	6:52	1	-	134	1:01:46
Runde	3.47	26:59	7:46	33	9:16	151	11:16	27.76	3:13:55	6:59	9		120	1:08:23
Runde	3.47	27:19	7:52	27	8:52	136	11:05	31.23	3:41:14	7:05	11	7:42	126	1:24:07
Runde	3.47	27:13	7:50	26	7:54	120	10:39	34.70	4:08:27	7:09	11	4:08	126	1:34:43
Runde	3.47	27:26	7:54	27	8:25	113	10:34	38.17	4:35:53	7:13	1	-	135	1:45:10
Runde	3.97	28:14	7:06	29	9:37	135	11:23	42.18	5:04:07	7:12	33	1:30:55	148	3:42:18