



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Siltmann, Jürgen

Club: LC Solbad Ravensberg
Number: 272

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:55

Speed: 8.43 km/h
Running performance: 7:07 min/km

Rank in course/Total: 34 (of 62)

Rank in course/Men: 31 (of 51)

Best time in course: 1:34:46

Rank in category: 3(of 7)

Best time in the category: 2:18:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	22:18	6:25	3	1:53	27	7:46	3.47	22:18	6:25	2	0:49	41	
Runde	3.47	23:59	6:54	3	2:22	33	9:04	6.94	46:17	6:40	2	2:35	43	
Runde	3.47	24:27	7:02	3	2:04	30	8:54	10.41	1:10:44	6:47	1	-	39	
Runde	3.47	25:56	7:28	3	1:00	35	9:51	13.88	1:36:40	6:57	2	5:39	42	
Runde	3.47	27:43	7:59	4	3:47	38	11:03	17.35	2:04:23	7:10	2	9:26	42	0:52
Runde	3.97	27:32	6:56	3	3:37	30	10:31	21.34	2:31:55	7:07	3	13:03	31	57:09