



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Zimmermann, Jörg

Club: Halberstadt
Number: 347

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:10:25

Speed: 8.12 km/h
Running performance: 7:22 min/km

Rank in course/Total: 167 (of 220)

Rank in course/Men: 152 (of 194)

Best time in course: 3:07:34

Rank in category: 35(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:14	6:41	38	7:04	162	8:46	3.47	23:14	6:41	13	2:16	137	0:03
Runde	3.47	23:13	6:41	37	7:12	159	8:37	6.94	46:27	6:41	13	5:09	154	
Runde	3.47	24:47	7:08	41	8:48	183	9:51	10.41	1:11:14	6:50	44		192	
Runde	3.47	25:33	7:21	43	9:03	187	10:27	13.88	1:36:47	6:58	13	13:41	139	
Runde	3.47	25:54	7:27	43	8:52	184	10:39	17.35	2:02:41	7:04	14	6:16	151	17:23
Runde	3.47	26:12	7:33	42	9:16	179	10:46	20.82	2:28:53	7:09	14	8:01	130	19:20
Runde	3.47	26:57	7:45	40	9:26	170	11:50	24.29	2:55:50	7:14	14	8:54	141	1:10:40
Runde	3.47	27:48	8:00	37	10:05	163	12:05	27.76	3:23:38	7:20	1	-	127	1:18:06
Runde	3.47	27:24	7:53	28	8:57	138	11:10	31.23	3:51:02	7:23	13	17:30	132	1:33:55
Runde	3.47	28:20	8:09	31	9:01	141	11:46	34.70	4:19:22	7:28	13	15:03	129	1:45:38
Runde	3.47	26:58	7:46	24	7:57	100	10:06	38.17	4:46:20	7:30	14	10:27	142	1:55:37
Runde	3.97	24:05	6:03	13	5:28	50	7:14	42.18	5:10:25	7:21	35	1:37:13	155	3:48:36