



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Brod, Andreas

Club: SKV Mörfelden Team Moewathlon
Number: 46

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:12:50

Speed: 8.06 km/h
Running performance: 7:25 min/km

Rank in course/Total: 171 (of 220)

Rank in course/Men: 156 (of 194)

Best time in course: 3:07:34

Rank in category: 37(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:41	6:14	32	5:31	130	7:13	3.47	21:41	6:14	15	0:43	50	
Runde	3.47	21:07	6:05	25	5:06	105	6:31	6.94	42:48	6:10	15	1:30	80	
Runde	3.47	21:21	6:09	24	5:22	100	6:25	10.41	1:04:09	6:09	37		166	
Runde	3.47	22:16	6:25	26	5:46	113	7:10	13.88	1:26:25	6:13	15	3:19	143	
Runde	3.47	24:10	6:57	35	7:08	151	8:55	17.35	1:50:35	6:22	15		154	5:17
Runde	3.47	23:23	6:44	26	6:27	114	7:57	20.82	2:13:58	6:26	16		134	4:25
Runde	3.47	25:21	7:18	32	7:50	135	10:14	24.29	2:39:19	6:33	16		145	54:09
Runde	3.47	27:28	7:54	35	9:45	158	11:45	27.76	3:06:47	6:43	43		186	1:01:15
Runde	3.47	30:05	8:40	39	11:38	169	13:51	31.23	3:36:52	6:56	15	3:20	136	1:19:45
Runde	3.47	30:23	8:45	38	11:04	164	13:49	34.70	4:07:15	7:07	44	2:56	187	1:33:31
Runde	3.47	31:27	9:03	37	12:26	162	14:35	38.17	4:38:42	7:18	16	2:49	146	1:47:59
Runde	3.97	34:08	8:35	42	15:31	187	17:17	42.18	5:12:50	7:24	37	1:39:38	159	3:51:01