



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Waller, Nicole

Club: SC Delphin Ingolstadt
Number: 322

Course: 42.18 km
Marathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 5:26:18

Speed: 7.72 km/h
Running performance: 7:44 min/km

Rank in course/Total: 191 (of 220)

Rank in course/Women: 18 (of 26)

Best time in course: 3:50:37

Rank in category: 2(of 2)

Best time in the category: 4:56:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	19:58	5:45	1	-	6	2:33	3.47	19:58	5:45	2	-	7	-
Runde	3.47	22:26	6:27	1	-	14	4:57	6.94	42:24	6:06	2	-	7	-
Runde	3.47	23:14	6:41	1	-	15	5:05	10.41	1:05:38	6:18	2	-	7	12:35
Runde	3.47	24:26	7:02	2	0:46	17	5:23	13.88	1:30:04	6:29	2	-	7	2:02
Runde	3.47	25:40	7:23	2	1:50	19	6:43	17.35	1:55:44	6:40	2	0:51	5	19:58
Runde	3.47	27:53	8:02	2	2:45	21	8:24	20.82	2:23:37	6:53	2	3:36	7	8:19
Runde	3.47	29:34	8:31	2	3:43	21	10:10	24.29	2:53:11	7:07	2	7:19	6	36:29
Runde	3.47	29:30	8:30	2	2:31	19	9:42	27.76	3:22:41	7:18	2	9:50	7	44:54
Runde	3.47	30:58	8:55	2	4:44	21	10:52	31.23	3:53:39	7:28	2	14:34	5	54:04
Runde	3.47	31:09	8:58	2	5:10	21	11:04	34.70	4:24:48	7:37	1	-	7	27:04
Runde	3.47	32:25	9:20	2	6:07	21	12:06	38.17	4:57:13	7:47	2	25:51	6	32:08
Runde	3.97	29:05	7:19	2	4:26	19	8:42	42.18	5:26:18	7:44	2	30:17	21	4:42:26