



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Weisener, Elke

Club: LT Nauen-Falkensee
Number: 327

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:35:28

Speed: 8.10 km/h
Running performance: 7:17 min/km

Rank in course/Total: 38 (of 62)
Rank in course/Women: 4 (of 11)
Best time in course: 2:05:22

Rank in category: 1(of 3)
Best time in the category: 2:35:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	24:56	7:11	2	0:37	7	6:09	3.47	24:56	7:11	1	-	3	3:32
Runde	3.47	24:46	7:08	1	-	4	4:08	6.94	49:42	7:09	1	-	3	7:13
Runde	3.47	25:48	7:26	2	0:37	5	4:26	10.41	1:15:30	7:15	1	-	1	-
Runde	3.47	24:17	6:59	1	-	4	2:51	13.88	1:39:47	7:11	1	-	3	13:32
Runde	3.47	26:53	7:44	1	-	6	5:19	17.35	2:06:40	7:18	1	-	3	17:31
Runde	3.97	28:48	7:15	1	-	8	7:13	21.34	2:35:28	7:17	1	-	4	30:06