



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Hölzle, Alexander

Club: balla-balla.org
Number: 139

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 5:35:27

Speed: 7.51 km/h
Running performance: 7:57 min/km

Rank in course/Total: 202 (of 220)

Rank in course/Men: 182 (of 194)

Best time in course: 3:07:34

Rank in category: 35(of 38)

Best time in the category: 3:42:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:22	6:44	32	7:30	173	8:54	3.47	23:22	6:44	16	2:28	184	0:11
Runde	3.47	24:45	7:07	38	9:03	188	10:09	6.94	48:07	6:55	16	3:53	184	1:26
Runde	3.47	24:27	7:02	35	8:21	180	9:31	10.41	1:12:34	6:58	5	21:26	136	0:33
Runde	3.47	25:01	7:12	34	8:23	182	9:55	13.88	1:37:35	7:01	16	6:29	169	
Runde	3.47	26:04	7:30	36	9:16	185	10:49	17.35	2:03:39	7:07	16	6:49	175	18:21
Runde	3.47	27:58	8:03	37	10:57	190	12:32	20.82	2:31:37	7:16	16	11:37	160	22:04
Runde	3.47	29:01	8:21	36	11:36	186	13:54	24.29	3:00:38	7:26	18	12:00	171	1:15:28
Runde	3.47	30:06	8:40	34	12:15	182	14:23	27.76	3:30:44	7:35	15	16:08	156	1:25:12
Runde	3.47	32:00	9:13	36	13:04	182	15:46	31.23	4:02:44	7:46	17	19:58	162	1:45:37
Runde	3.47	30:55	8:54	31	9:25	168	14:21	34.70	4:33:39	7:53	5	35:12	157	1:59:55
Runde	3.47	31:38	9:06	30	10:29	168	14:46	38.17	5:05:17	7:59	16	18:54	170	2:14:34
Runde	3.97	30:10	7:35	29	9:13	162	13:19	42.18	5:35:27	7:57	35	1:53:12	185	4:13:38