



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Armenault, Sebastian

Club: Olivos
Number: 8

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 6:34:29

Speed: 6.39 km/h
Running performance: 9:21 min/km

Rank in course/Total: 214 (of 220)

Rank in course/Men: 191 (of 194)

Best time in course: 3:07:34

Rank in category: 44(of 44)

Best time in the category: 3:33:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	26:52	7:44	44	10:42	193	12:24	3.47	26:52	7:44	22	5:54	193	3:41
Runde	3.47	29:57	8:37	44	13:56	193	15:21	6.94	56:49	8:11	22	15:31	193	10:08
Runde	3.47	30:37	8:49	44	14:38	193	15:41	10.41	1:27:26	8:23	17	13:27	145	15:25
Runde	3.47	30:38	8:49	44	14:08	193	15:32	13.88	1:58:04	8:30	22	34:58	178	19:15
Runde	3.47	31:09	8:58	44	14:07	192	15:54	17.35	2:29:13	8:36	21	32:48	182	43:55
Runde	3.47	32:47	9:26	44	15:51	192	17:21	20.82	3:02:00	8:44	44	41:08	192	52:27
Runde	3.47	34:53	10:03	44	17:22	191	19:46	24.29	3:36:53	8:55	22	49:57	177	1:51:43
Runde	3.47	35:34	10:14	44	17:51	191	19:51	27.76	4:12:27	9:05	19	48:49	165	2:06:55
Runde	3.47	32:00	9:13	42	13:33	182	15:46	31.23	4:44:27	9:06	22	1:10:55	169	2:27:20
Runde	3.47	34:29	9:56	44	15:10	187	17:55	34.70	5:18:56	9:11	21	1:14:37	166	2:45:12
Runde	3.47	35:33	10:14	44	16:32	187	18:41	38.17	5:54:29	9:17	22	1:18:36	178	3:03:46
Runde	3.97	40:00	10:04	44	21:23	193	23:09	42.18	6:34:29	9:21	44	3:01:17	194	5:12:40