



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Armenault, Sebastian

Club: Olivos
Number: 8

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 6:34:29

Speed: 6.39 km/h
Running performance: 9:21 min/km

Rank in course/Total: 214 (of 220)

Rank in course/Men: 191 (of 194)

Best time in course: 3:07:34

Rank in category: 44(of 44)

Best time in the category: 3:33:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 26:52 | 7:44 | 44 | 10:42 | 193 | 12:24 | 3.47 | 26:52 | 7:44 | 22 | 5:54 | 193 | 3:41 |
| Runde | 3.47 | 29:57 | 8:37 | 44 | 13:56 | 193 | 15:21 | 6.94 | 56:49 | 8:11 | 22 | 15:31 | 193 | 10:08 |
| Runde | 3.47 | 30:37 | 8:49 | 44 | 14:38 | 193 | 15:41 | 10.41 | 1:27:26 | 8:23 | 17 | 13:27 | 145 | 15:25 |
| Runde | 3.47 | 30:38 | 8:49 | 44 | 14:08 | 193 | 15:32 | 13.88 | 1:58:04 | 8:30 | 22 | 34:58 | 178 | 19:15 |
| Runde | 3.47 | 31:09 | 8:58 | 44 | 14:07 | 192 | 15:54 | 17.35 | 2:29:13 | 8:36 | 21 | 32:48 | 182 | 43:55 |
| Runde | 3.47 | 32:47 | 9:26 | 44 | 15:51 | 192 | 17:21 | 20.82 | 3:02:00 | 8:44 | 44 | 41:08 | 192 | 52:27 |
| Runde | 3.47 | 34:53 | 10:03 | 44 | 17:22 | 191 | 19:46 | 24.29 | 3:36:53 | 8:55 | 22 | 49:57 | 177 | 1:51:43 |
| Runde | 3.47 | 35:34 | 10:14 | 44 | 17:51 | 191 | 19:51 | 27.76 | 4:12:27 | 9:05 | 19 | 48:49 | 165 | 2:06:55 |
| Runde | 3.47 | 32:00 | 9:13 | 42 | 13:33 | 182 | 15:46 | 31.23 | 4:44:27 | 9:06 | 22 | 1:10:55 | 169 | 2:27:20 |
| Runde | 3.47 | 34:29 | 9:56 | 44 | 15:10 | 187 | 17:55 | 34.70 | 5:18:56 | 9:11 | 21 | 1:14:37 | 166 | 2:45:12 |
| Runde | 3.47 | 35:33 | 10:14 | 44 | 16:32 | 187 | 18:41 | 38.17 | 5:54:29 | 9:17 | 22 | 1:18:36 | 178 | 3:03:46 |
| Runde | 3.97 | 40:00 | 10:04 | 44 | 21:23 | 193 | 23:09 | 42.18 | 6:34:29 | 9:21 | 44 | 3:01:17 | 194 | 5:12:40 |