



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Escher, Christoph

Club: Marathonteam-Ratingen
Number: 70

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:41:43

Speed: 7.92 km/h
Running performance: 7:35 min/km

Rank in course/Total: 47 (of 62)

Rank in course/Men: 39 (of 51)

Best time in course: 1:34:46

Rank in category: 9(of 11)

Best time in the category: 1:43:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	24:20	7:00	11	9:12	39	9:48	3.47	24:20	7:00	7	9:12	48	1:04
Runde	3.47	25:45	7:25	9	9:57	39	10:50	6.94	50:05	7:12	7	19:09	48	3:05
Runde	3.47	25:33	7:21	8	8:45	37	10:00	10.41	1:15:38	7:15	6	27:54	36	
Runde	3.47	26:59	7:46	8	9:20	38	10:54	13.88	1:42:37	7:23	7	37:14	47	5:04
Runde	3.47	28:42	8:16	10	10:10	40	12:02	17.35	2:11:19	7:34	7	47:24	46	7:48
Runde	3.97	30:24	7:39	10	10:22	43	13:23	21.34	2:41:43	7:34	9	57:46	39	1:06:57