



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Damm, Mario

Club: SV Eisleben
Number: 54

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:52:23

Speed: 7.31 km/h
Running performance: 8:05 min/km

Rank in course/Total: 55 (of 62)

Rank in course/Men: 45 (of 51)

Best time in course: 1:34:46

Rank in category: 11(of 11)

Best time in the category: 1:43:57

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:23	6:09	4	6:15	21	6:51	3.47	21:23	6:09	9	6:15	5	
Runde	3.47	23:14	6:41	5	7:26	29	8:19	6.94	44:37	6:25	9	13:41	5	
Runde	3.47	24:04	6:56	5	7:16	29	8:31	10.41	1:08:41	6:35	8	20:57	6	
Runde	3.47	24:02	6:55	5	6:23	24	7:57	13.88	1:32:43	6:40	9	27:20	5	
Runde	3.47	25:03	7:13	5	6:31	26	8:23	17.35	1:57:46	6:47	9	33:51	5	
Runde	3.97	54:37	13:45	11	34:35	51	37:36	21.34	2:52:23	8:04	11	1:08:26	45	1:17:37