



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detailed evaluation

Piehl, Heidi

Club: Oranienburg
Number: 228

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:56:52

Speed: 7.12 km/h
Running performance: 8:17 min/km

Rank in course/Total: 61 (of 62)
Rank in course/Women: 11 (of 11)
Best time in course: 2:05:22

Rank in category: 1(of 1)
Best time in the category: 2:56:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	26:36	7:39	1	-	10	7:49	3.47	26:36	7:39	1	-	9	5:12
Runde	3.47	27:13	7:50	1	-	10	6:35	6.94	53:49	7:45	1	-	9	11:20
Runde	3.47	28:08	8:06	1	-	11	6:46	10.41	1:21:57	7:52	1	-	7	6:27
Runde	3.47	28:33	8:13	1	-	11	7:07	13.88	1:50:30	7:57	1	-	9	24:15
Runde	3.47	31:05	8:57	1	-	11	9:31	17.35	2:21:35	8:09	1	-	7	32:26
Runde	3.97	35:17	8:53	1	-	11	13:42	21.34	2:56:52	8:17	1	-	11	51:30